

ANNUAL REPORT

20

NEW NAME, NEW CHAPTER,  
SAME MISSION.

25



**CONCUSSION & CTE**  
FOUNDATION

# Table of Contents

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Message from Leadership	02	Programs	07
About Us	03	Board of Directors	09
Advisory Roles	04	Advisory Boards	10
Research	05	Financials	16

# New name, new chapter

In 2025, we began a new chapter as the Concussion & CTE Foundation, a name that more clearly reflects our commitment to advancing awareness, prevention, treatment, and research related to concussion and chronic traumatic encephalopathy. This new identity marks not only a new name, but a renewed commitment to our mission and the communities we serve.

When we were founded in 2007, our goal was to advance CTE research through brain donation. Through brain banks, we believed we could best learn the scope of CTE, how to diagnose it during life, and how to treat it. At that point in time, there were only 40 cases diagnosed worldwide.

Since then, we've helped identify 1,000 new cases of the disease, advancing research on CTE so far that the former U.S. Surgeon General Dr. Richard Carmona said, "CTE might be the most underreported public health challenge in the world right now."

We appreciate the trust our Legacy families have put in us and our brilliant collaborators at Boston University and our International CTE Research Network members in Australia, New Zealand, Canada, Brazil, and the UK.

That research has helped us continue to provide critical guidance to individuals and families navigating persistent post-concussion symptoms and suspected CTE. These services remain an essential resource for people seeking reliable information, connection, and hope as they face the challenges associated with brain injury.

Throughout the year, the Foundation also strengthened its role as a trusted voice in brain health. We continued to educate the public and inform policymakers, clinicians, and journalists about the risks of repetitive head impacts and the importance of prevention.

Our work to reduce head impacts in youth sports, advance concussion recognition, and promote research continues to influence conversations and policies around the world.

While the past year represents a new beginning, it also reinforces the urgency of our mission. Too many individuals and families are still affected by concussion and the long-term consequences of repetitive brain trauma.

As the Concussion & CTE Foundation looks ahead, we remain focused on accelerating research, expanding support services, and ensuring that athletes, parents, educators, and decision-makers have the knowledge they need to protect brain health.

Thank you for your continued partnership and belief in this work. Together, we are building a future where brain injuries are better understood, better prevented, and better treated.

Sincerely,



**Chris Nowinski**

Co-Founder & CEO



**Robert Cantu**

Co-Founder & Medical Director



**Peter Carfagna**

President, Board of Directors



## CONCUSSION & CTE FOUNDATION

### ✓ Mission

To end human suffering caused by concussions and CTE.

### ✓ Vision

A world without CTE, and concussion safety without compromise.



# ADVISORY ROLES



WORLD RUGBY



The Concussion & CTE Foundation co-founders Robert Cantu, MD and Chris Nowinski, PhD are proud to serve as advisors to more professional and collegiate sports organizations than any concussion or CTE-focused non-profit in the world.

By working with professional and collegiate sports to educate stakeholders and create policy, we set the example for high school and youth sports to follow.



**THE PILLARS OF  
OUR WORK.**

**Research, patient & family  
services, education.**

# RESEARCH ADVANCEMENTS

Along with our academic collaborators, we are reaching a tipping point in CTE research. Our Global Brain Bank partners will cross **2,000 donated brains** and **1,000 CTE cases** in 2026.



**Australia**

*University of Sydney*



**Brazil**

*University of São Paulo*



**Canada**

*University of Toronto*



**New Zealand**

*University of Auckland*



**United Kingdom**

*Oxford University*



**United States**

*Boston University*

The Concussion & CTE Foundation is proud to serve as the recruiting collaborators for multiple longitudinal clinical studies funded by the National Institutes of Health, and they are now producing breakthrough publications.



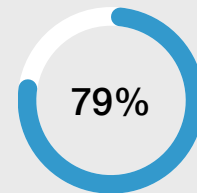
# PATIENT & FAMILY SERVICES

Our Patient & Family Services programs focus on offering personalized support for anyone struggling with concussion or suspected CTE symptoms. In 2025, we were able to help more families than ever find the right providers for their care, educational resources to guide their journeys, and peer-support opportunities to build community and foster inspiration and hope for a better future.

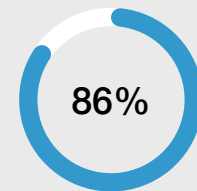


## Major Milestones

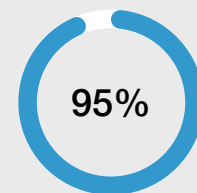
- Our team responded to **1,772 cases** in 2025, serving a record number of families.
- We started offering **bi-weekly support group meetings** instead of monthly, to better serve the community.
- We had a record **1,636 attendees** at our Zoom Support Group calls.
- We trained **327 clinicians** through our continuing medical education offerings, so more providers across the country know how to care for patients and families in need.



**HelpLine clients would recommend the service**



**Retention rate for Zoom Support Groups**



**CME Course Quality Rating**

# EDUCATION PROGRAMS

With the changing sports media landscape, we invested in social media for education and HelpLine marketing in 2025. By sharing perspectives from CEO Dr. Nowinski, BU researchers, and our LFC members, our original content brought significant growth and engagement for our accounts across all platforms.

**IG:**

- Post 1: 23K, 1.2K, 11K, 438, 1.7K
- Post 2: 1.4K, 50, 412, 110, 191
- Post 3: 97K, 2,972, 52, 148, 219

**TT:**

- Post 1: 2.6M, 186K, 2,285, 18K, 8,774
- Post 2: 284K, 40K, 964, 7,513, 2,791
- Post 3: 1.6K, 81, 140, 25, 87

## TEAM UP AGAINST CONCUSSIONS

TUAC is an education program designed to teach athletes to speak up when they think a teammate may have a concussion. We were proud to partner again with USA Hockey in 2025 for a Team Up Against Concussions Week educating their coaches, athletes, and parents.

**USA Hockey**  
Team Up Against Concussions Week  
October 20 - 25

**CONCUSSION**  
Legacy Foundation

It's important to **SPEAK UP**  
if you think a teammate has a concussion.

**CONCUSSION** Legacy Foundation  
#TeamUpAgainstConcussions

# Leadership and Advisory Boards

## 2025 Board of Directors

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### Vice President

John Corcoran

### Secretary

Allan Walsh

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MPH, FACS

David Fitzhenry

Sylvia Mackey

LT Jason Redman, USN, Ret.

Tara Rockefeller

Dale Yake

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Andrea Pomerantz Lustig

Carol Quimby-Bonan

Tim Ring

Tara Rockefeller

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Scott Blackburn

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CPT Will Reynolds, USA, Ret.

MAJ Rebecca Van Horn, USAR,  
MD, MA

Rashi Venkataraman Romanoff



## Boston Advisory Board

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Brian Dunphy

Christopher Finn

George Foreman III

Alisa Galt

Joel Goodsell

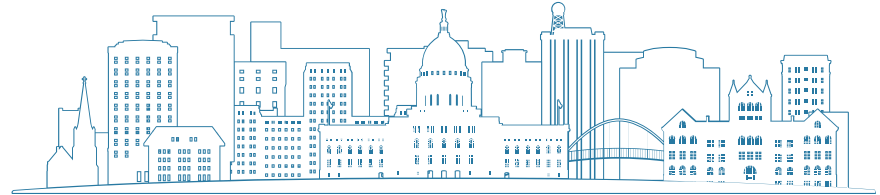
Harrison Graham

Ryan Heald

Matthew Henshon

Mark Lenzi

Ben Lovejoy



Esther Lovett

Rick Lovett

Tony Lyons

Tyler Maland

Alain Mathieu

Allison Mazer

J.R. McDonald

Shawn McEachern

Matt McKenzie

W. Andrew Mims

Peter Mulderry

Dana O'Brien

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Steve Rosa

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Kristina Tagliente

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Brandi Chastain  
Randy Cross  
Tom Dever  
Michael Green  
Mike Haynes  
Beth Henderson  
Chris Hetherington  
Malik Jackson  
Barbara Jones  
Ben Koldyke  
Ali Kramer  
Owen Leary  
Alex Liesegang  
Amanda Lorenzen Gardstrom  
Alex Mack  
Matt McKenzie



Steve Papkin  
Barbara Piette  
Samantha Pyle Buono  
David Reiss, MD  
Brian Smith  
AJ Tarpley  
Joe Traverso  
Greg Tuerk  
Valerie Tuerk  
Allan Walsh  
Tim Ward

**Board Chair**

Jack McKenna

**In Memoriam**

Michael Cronin

Kim Adamle

Mike Adamle

Jamie Baisley

Joel Braunstein, MD

Stephanie Braunstein

James Castle, MD

William R. Daley

Deb DiMaggio

Lisa Leonard DiMucci, ND

Ted Drury

Tregg Duerson

Gary Fencik

Chris Gaughan

Erica Goldman

Jon Goldman

Chris Gust

Jon Harris

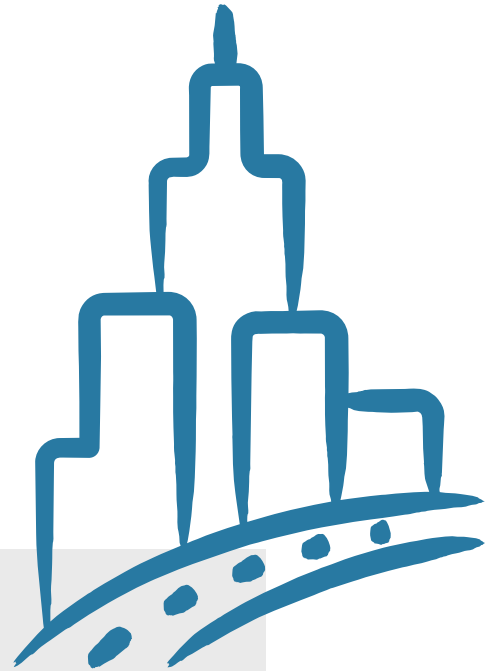
Andrew Heinlein

Emily Heinlein

Annie Johnson

Rob Johnson

Ben Koldyke

**Chicago Advisory Board**

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John J. Malm

Sara Malm

Brian McBride

Dawn McKenna

Steve McKenna

Len Messner, OD

Liz Nicholson Sullivan

Brent Novoselsky

Gordon Nuber, MD

Jack O'Callahan

Bob Reiter

Rob Ryan

Brian Salvi

Lewis Simon

Sam Sisodia, PhD

Doug Warren

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Erick Anderson

Steve Buffo

Rita Carfagna

Dave Chaney

Jim Convertino

Bob Golic

Jeff Lambert-Shemo

Mark Lenart

Kelly Lytle

Tracy Lytle

Jani Memorich

Zoltan Mesko

Priscila Rocha

Dale Sheptak, DSSc

David Sloane

Jack Staph

Josh Staph

Virginia Stewart

Erin Tober

Ricky Volante

Jeffrey Wahl

Richard Zigmond, PhD



## New York Advisory Board

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Nick Buoniconti

Erich Anderer, MD

Jeanne Andlinger

Shane Bannon

Brock Bell

Brendan Bibro

Hank Bjorklund

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Lynn Buoniconti

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Mark Drakos, MD

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Cody Gifford

Fletcher Gregory

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David Koeppel

Lesley Koeppel

Andrea Lustig

Leonard Marshall

Matt McKenzie



Mike Meany

Jayma Meyer

Thomas Morgan

Bart Oates

Patty Pae

Anthony Paquette

John Raffaeli

David Robertson

Tara Rockefeller

Frank B. Ryan Jr.

Rob Ryan

Gary Simpson

Robert Sanzillo

Todd Slattery

Julian Swearingin

Johnny Townsend

# FINANCIALS\*

## Public Support & Other Revenue

Contributions	\$4,531,584
Program Revenue	\$56,634
Investment Revenue	\$111,420
<b>Total Revenue</b>	<b>\$4,699,638</b>

Expenses in programs, administration, & fundraising categories

82%  
Programs

9%  
Administration

9%  
Fundraising

## Expenses

Programs	\$2,789,604
Administration	\$325,772
Fundraising	\$304,488
<b>Total Expenses</b>	<b>\$3,419,864</b>

## Statement of Financial Position

Cash, Cash Equivalents, & Investments	\$4,548,855
Pledges	\$918,315
<b>Total Assets</b>	<b>\$5,467,170</b>

\*Unaudited



**CONCUSSION & CTE**  
FOUNDATION

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