



# Concussion and Post-Concussion Best-Practice Guidelines of Care

November 17, 2022

## Learning Objectives:

At the end of this presentation, attendees should be able to:

- Recognize the signs and symptoms of a concussion
- Identify recommended concussion guidelines for use in their practice
- Show confidence in utilizing the return to play/learn guidelines with patients
- Identify the signs and symptoms of suspected CTE, have a basic understanding of the recommended clinical management of suspected CTE, and have a basic understanding of the 2021 TES criteria.

**Target Audience:** Nurse Practitioners and Nurses

## Accreditation

Boston University School of Medicine Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity has been provided by Continuing Nursing Education Provider Unit, Boston University School of Medicine and jointly provided by the Concussion Legacy Foundation.

Contact Hours: 1.0

## Disclosure Policy:

*Boston University School of Medicine asks all individuals involved in the development and presentation of Accredited Continuing Education activities to disclose all financial relationships with ineligible companies. This information is disclosed to all activity participants prior to the start of the educational activity. Boston University School of Medicine has procedures to mitigate all relevant financial relationships with ineligible companies. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed.*

*In accordance with the Standards for Integrity and Independence in Accredited Continuing Education, all relevant financial relationships with ineligible companies that faculty, planners, authors and anyone who may be in control of content have been mitigated.*

## Faculty/Planners:

Andrew Budson, MD – CME Reviewer

Dr. Budson has no relevant financial relationships.

Chris Nowinski, PhD

Dr. Nowinski is a consultant for Oxeia Biopharmaceuticals, LLC, Aurora CTS and PreCon Health.



Katelynn Cataldo, NP

Ms. Cataldo has no relevant financial relationships and does not plan on discussing unlabeled/investigational uses of a commercial product.

Michael Burke

Mr. Burke has no relevant financial relationships.

Samantha Bureau, PhD

Dr. Bureau has no relevant financial relationships.

Robert Cantu, MD

Dr. Cantus has no relevant financial relationships and does not plan on discussing unlabeled/investigational uses of a commercial product.

Naomi Moeller, BA, CHCP – CME Operations Manager

Ms. Moeller has relevant financial relationships.

#### **How to Claim Your Certificate:**

To earn credit, you must stay for the entire program and follow the directions below to complete the evaluation. You will need to create a new account at <https://cme.bu.edu> if you do not already have one.

1. Navigate to: <https://cme.bu.edu/clf111722>
2. **Create a new account** or log in to complete the components
3. Click the register or take course button to proceed.
4. Click on the start course button on the bottom of the page to start the evaluation.
5. Follow the red prompts to claim your certificate.

Please contact [cme@bu.edu](mailto:cme@bu.edu) or 617-358-5005 with any questions.

#### **Disclaimer:**

THESE MATERIALS AND ALL OTHER MATERIALS PROVIDED IN CONJUNCTION WITH CONTINUING MEDICAL EDUCATION ACTIVITIES ARE INTENDED SOLELY FOR PURPOSES OF SUPPLEMENTING CONTINUING MEDICAL EDUCATION PROGRAMS FOR QUALIFIED HEALTH CARE PROFESSIONALS. ANYONE USING THE MATERIALS ASSUMES FULL RESPONSIBILITY AND ALL RISK FOR THEIR APPROPRIATE USE. TRUSTEES OF BOSTON UNIVERSITY MAKES NO WARRANTIES OR REPRESENTATIONS WHATSOEVER REGARDING THE ACCURACY, COMPLETENESS, CURRENTNESS, NONINFRINGEMENT, MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OF THE MATERIALS. IN NO EVENT WILL TRUSTEES OF BOSTON UNIVERSITY BE LIABLE TO ANYONE FOR ANY DECISION MADE OR ACTION TAKEN IN RELIANCE ON THE MATERIALS. IN NO EVENT SHOULD THE INFORMATION IN THE MATERIALS BE USED AS A SUBSTITUTE FOR PROFESSIONAL CARE.